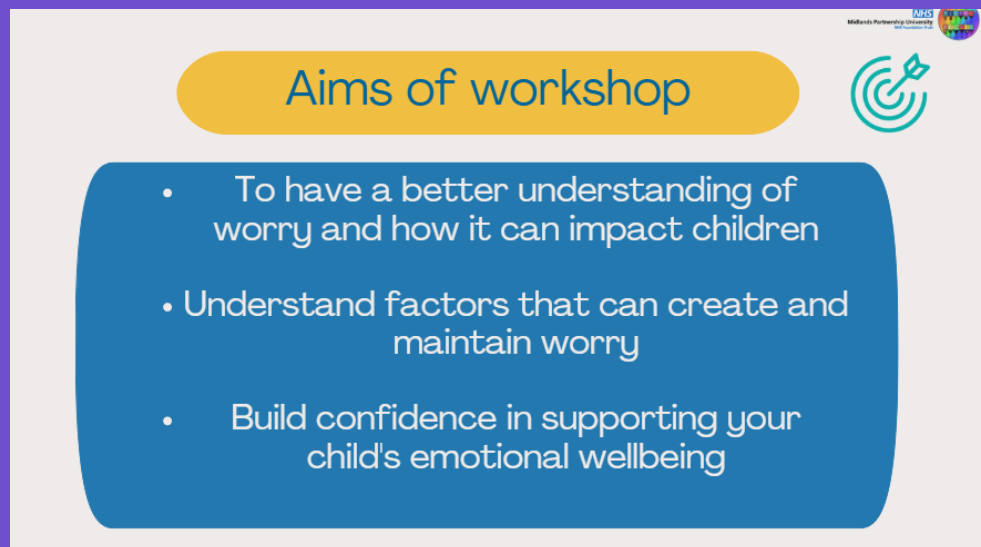


An introduction to Worry Parent Workshop

by The Mental Health Support Team



The slide features a yellow header bar with the text 'Aims of workshop' and a target icon. Below this is a blue rounded rectangle containing three bullet points. The slide also includes small logos for NHS and Midlands Partnership University in the top right corner.

Aims of workshop

- To have a better understanding of worry and how it can impact children
- Understand factors that can create and maintain worry
- Build confidence in supporting your child's emotional wellbeing

DATE: TUESDAY 21ST APRIL 2026

TIME: 9AM - 10AM

PLACE: ANKER VALLEY PRIMARY SCHOOL