

From Pram To Primary School

Tamworth



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a Family Hub
Referral Form

Free 6 week course

Would you like to feel more confident in your parenting, learn your parenting style understand more about your child's behaviours and emotional development? Our free Pram to Primary School 6 week course for parents of 0-11 year olds may be for you.



Booking required through referral only. Please complete a **'Family Hub Referral Form'** to book your space.



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Staffordshire

- Right help.
- Right time.
- Right place.

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Simply Play 0-4yrs

Tamworth



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Free 6 week course

Do you want to learn about your child's development and how to support them in a fun and playful way? Our free Simply Play course for 0-4 year olds incorporates fun activities with learning to help you support their emotional and physical development, and nurture their early communication skills.



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Simply Play Babies

Tamworth



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Free 6 week course

Do you want to learn how to bond with your baby and support their early development? Our free Simply Play Babies 6 week course is suitable for 0-12 months olds and incorporates fun activities and sensory play while covering topics including physical development, weaning and communication.



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Talking Teens

Tamworth



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Free 6 week course

Would you like to feel more confident in parenting your teen? If you would like to learn how to support their changing emotions and behaviours, and help with setting clear and appropriate boundaries, our free Talking Teens 6 week course for parents of 13-18 year olds may be for you.



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Bumps To Babies

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Free 6 week course



Would you like to learn how to bond with your newborn? Our free Bumps To Babies course is suitable for anyone pregnant and with babies up to 3 months old. Discover your parenting style, prepare for the hospital and labour, and learn about topics including sleep, feeding and home safety.



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