



*Inspiring All to Excellence*



---

**Anker Valley Primary Academy**

# **PSHE Policy**

## Document Control

Policy Title	PSHE Policy
Effective Date	September 2023
Policy Owner	Anker Valley Primary
Policy Approver	Local Governing Body

## Version Control

Version	Date	Amended by	Comments
2	September 2023	NH	No changes required

Section	Changes Made

## Aims and objectives

We believe that education in PSHE and citizenship enables children to become healthier, more independent, and more responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing, we help to develop their sense of self-worth. We teach them how society is organised and governed. We ensure that the children experience the process of democracy through participation in the school council. We teach children about their rights and about their responsibilities. They learn to appreciate what it means to be a positive member of a diverse and multi-cultural society. Indeed, the teaching of PSHE and citizenship helps in many ways to meet the objectives set out in The Children's Act 2004

– that children ‘be healthy, stay safe, enjoy and achieve, make a positive contribution, and achieve economic well-being’.

Our objectives in the teaching of PSHE and citizenship are for all of our children:

- to know and understand what is meant by a healthy lifestyle.
- to understand how to keep themselves and others safe.
- to understand what makes for good relationships with others.
- to have respect for others.
- to be thoughtful and responsible members of their community and their school.
- to become active members of our democratic society.
- to develop self-confidence and self-esteem.
- to make informed choices regarding personal and social issues.
- to develop good relationships with other members of the community.
- to possess the characteristics that will enable them to become ethically minded citizens.

## **Relationship to Other Policies**

The PSHE policy provides a framework for all PSHE related policies in school, including: -

- Relationships, Sex and Health Education Policy
- Drug Education Policy
- Visiting Speaker Policy
- Safeguarding/Child Protection Policy
- Healthy Lunchbox Policy
- Inclusion Policy
- Religious Education Policy
- Equality Policy

These policies should be read in conjunction with this PSHE Education policy statement.

## **Teaching and learning**

We use a range of teaching and learning styles to meet the PSHE and Citizenship requirements of the National Curriculum.

- We emphasise active learning by including the children in discussions, investigations, and problem-solving activities.
- We use a core skills curriculum to actively teach learning skills.
- We encourage the children to take part in a range of tasks that promote active citizenship, e.g., charity fundraising, the planning of special school events (such as an assembly or open evening), or involvement in helping other individuals or groups less fortunate than themselves.
- We organise classes in such a way that pupils are able, through discussion, to set agreed classroom rules of behaviour, and resolve any conflicts.
- We teach Character Education, to enable pupils to develop the virtues required to be an ethically minded member of school and citizens of the future.

- We offer children the opportunity to hear visiting speakers, such as health workers, police, and local community members, whom we invite into the school to talk about their role in creating a positive and supportive local community.

## **PSHE and Citizenship Curriculum Planning**

PSHE Education is the planned provision for emotional and social development. It will help children and young people develop a secure sense of identity and to function well in the world.

PSHE Education includes three elements: -

- The acquisition of accessible information that is relevant to children and young people's lives and experiences, maturity and understanding.
- Exploration, clarification and the development of attitudes and values that support self-esteem and are positive to health and well-being.
- Development of personal and social skills to enable positive emotional development and interaction with others as well as the ability to make positive health choices and actively participate in society.

We teach PSHE and citizenship in a variety of ways, including as a 40-minute discrete subject timetabled weekly. In addition to this, we may also introduce PSHE and citizenship topics through teaching in other subjects. For example, when teaching about local environmental issues in geography, we offer pupils the opportunity to find out who is responsible for the maintenance and upkeep of local parks and cycle paths. Also, as there is a large overlap between the programme of study for religious education and the aims of PSHE and citizenship, we deliver a considerable amount of the PSHE and citizenship curriculum through our religious education lessons.

The school follows the Islington 'You, Me, PSHE' scheme, as well as the University of Birmingham Character Education Programme of Study for teaching citizenship from EYFS (Early Years Foundation Stage) – end of KS2 (Key Stage 2). We also develop PSHE and citizenship through various activities and whole-school events, e.g., the school council representatives from each class meet regularly to discuss school matters. We offer a residential visit in Key Stage 2 where there is a particular focus on developing pupils' self-esteem and giving them opportunities to develop leadership skills and positive group work.

## **EYFS**

We teach PSHE and citizenship in reception classes as an integral part of the topic work. As the reception class is part of the Foundation Stage of the National Curriculum, we relate the PSHE and citizenship aspects of the children's work to the objectives set out in the Development Matters Guidance. Our teaching in PSHE and citizenship matches the aim of developing a child's personal, emotional, and social development. We also support citizenship education in reception classes when we teach 'how to develop a child's knowledge and understanding of the world.'

## **PSHE and Citizenship and ICT**

ICT contributes towards the teaching of PSHE and citizenship, in that children through the Computing Curriculum learn to work together in a collaborative manner. They also develop a sense of global citizenship by using the Internet and e-mail. It is through this that children are taught how to develop a set of safe and discriminating behaviours for pupils to adopt when using the Internet and other technologies. Through discussion of safety and other issues related to electronic communication, the children develop their own view about the use and misuse of ICT, and they also gain an insight into the interdependence of ICT users around the world. Online role-play software provides a very safe arena to try out actions without harmful consequences.

## **PSHE and Citizenship and Inclusion**

We teach PSHE and citizenship to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children. Intervention through SEND (Special Educational Needs) will lead to a personalised programme). When teaching PSHE and citizenship, teachers take into account the individual targets set for the children in their personal plan, some of which targets may be directly related to PSHE and citizenship targets. For more able pupils, teachers will provide additional opportunities to take responsibility, develop leadership skills, think creatively, and use their talents for the good of the class or the wider community.

## **Assessment for Learning**

Our teachers assess the children's work in PSHE and citizenship both by making informal judgements, as they observe them during lessons, and through formal assessments of the work produced, gauging it against the specific learning objectives set out in the National Curriculum. We have clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage. Our teachers record the achievements of pupils in PSHE and citizenship and report these achievements to parents and carers each year. We do not set formal examinations in PSHE and citizenship. The assessments that we make of pupil achievement are positive, and record achievement in its widest sense.

## **Resources**

We keep resources for PSHE and citizenship in a central store, where appropriate.

We have additional resources in the library.

Our PSHE and citizenship coordinator holds a selection of reference materials for teaching sensitive issues.

## **Monitoring and review**

The planning and coordination of the teaching in PSHE are the responsibility of the Head of School, who also:

- supports colleagues in their teaching, by keeping informed about current developments in the subject, and by providing a strategic lead and direction for PSHE.
- gives an annual summary report in which s/he evaluates the strengths and weaknesses in the subject and indicates areas for further improvement.

- uses specially allocated, regular times to review evidence of the children's work and to observe PSHE lessons across the school.

The quality of teaching and learning in PSHE is monitored and evaluated by the Head of School and Executive Headteacher as part of the school's agreed cycle of lesson observations.